TAB D

Sources of Information for Department of the Navy Personnel Returning from Japan

Navy Family Accountability and Assessment System (NFAAS):

NFAAS standardizes a method for the Navy to account, manage, and monitor the recovery process for personnel and their families affected and/or scattered by a wide-spread catastrophic event. For more information or to report you status, visit: https://navyfamily.navy.mil

Navy Personnel Command

Navy Personnel and their families seeking Japan-related information from Navy Personnel Command including information concerning pay, benefits and career information visit: http://www.npc.navy.mil/CareerInfo/PayandBenefits/JapanEarthquake.htm or call:

24/7 Navy Emergency Coordination Center: (877) 414-5358 or (866) 297-1971 (Hearing Impaired)

Entitlements & Allowances: (886) 239-0303 & (866) 708-6985 (fax)

Navy Civilian Human Resources

Navy civilians and their families seeking Japan-related information from Navy Civilian Human Resources including information concerning pay, benefits and career information visit: www.donhr.navy.mil

They can also e-mail questions to DONhrfaq@navy.mil

Commander, Navy Installations Command

Those seeking information on specific Navy installations should visit:

www.cnic.navy.mil

For Japan-related information from CNIC visit:

http://cnic.navy.mil/CNIC_HQ_Site/WhatWeDo/EmergencyManagement/JapanEarthquakeandT_sunamiInformation/index.htm

Lost or Damaged Property Claims

For information regarding lost or damaged property claims visit:

http://www.jag.navy.mil/Relief home.htm

or call: (888) 897-8217 & (866) 782-7297 - Fax

Navy Medicine

Service members and their dependents seeking Japan-related medical and healthcare information should, visit: http://www.med.navy.mil/tsunamiresources/Pages/default.aspx

Tricare Overseas and SOS info: (877) 451-8659

Service members and their dependents seeking information regarding their TRICARE benefits should visit: www.tricare.mil/tsunami

Navy-Marine Corps Relief Society

The Navy-Marine Corps Relief Society provides assistance to service members and their families in times of need. For assistance regarding Japan-related assistance, visit: http://www.nmcrs.org

Navy news and events in and around Japan

Navy public website w

www.navy.mil

Facebook

Navy <u>www.facebook.com/usnavy</u>

U.S. Pacific Fleet <u>www.facebook.com/uspacificfleet</u>

7th Fleet www.facebook.com/7thfleet

Naval Forces Japan <u>www.facebook.com/COMNAVFORJAPAN</u>

Fleet Activities Yokosuka <u>www.facebook.com/cfayokosuka</u>

Department of Defense

Education Activity Pacific www.facebook.com/dodea.pacific
Naval Legal Services

Office Yokosuka <u>www.facebook.com/pages/Naval-Legal-Service-Office-</u>

Pacific/141932875872777?ref=ts

Naval Hospital Yokosuka https://www.facebook.com/pages/Naval-Hospital-

Yokosuka/126809210691839?ref=ts

Twitter

@NavyNews

@PacificCommand

@AmbassadorRoos

@PacificFleet

@COMNAVFORJAPAN

@CFASJAPAN

@CFAY_Yokosuka

Twitter (list): @NavyNews/navy-deck-log

Other helpful sites

Military One Source: http://www.militaryonesource.com
Military Homefront: http://www.militaryhomefront.dod.mil